

# Highland Herald

FEBRUARY

2012

## SAY IT NOW

Do you want to say you love me?

    Say it now, while I can hear  
Your voice, soft, low and soothing,  
    gently telling me I'm dear.

Do you want to show me you love me?

    Hold my hand, caress my cheek,  
And then just listen--only listen--to my  
    thoughts and hurts and dreams.

Age will change us, time will turn us,  
    death will take us all too soon.

Do you want to say you love me?

    Say it now. I'll say it too.

Deborah, 2/2012

# Happy Birthday

- 6 Doug Proud, #127
- 10 Chuck (Taz) Morgan, #134
- 10 Rick Shaw, #240
- 12 Duane Carlson, #155
- 12 Ralph Davidson, #223
- 13 Leonore Jauert, #196
- 15 Sharon Eckert, #255
- 17 James Dunahee, #115
- 20 Mary Lou Tanner, #102
- 20 Robert Johnson, #161
- 21 George Henning, #073
- 21 Gwendolyn Burrows, #139
- 23 Debbie Balmer, #004
- 25 Betty Holmes, #020
- 25 Hank Strickland, #215
- 27 Bob Jackson, #107



## In Fond Memory

Spike McConnahie, former resident  
Dorothy Chapman, #4, Jan 8th

# February 2012

- 2 Trip to Lone Butte Casino
- 3 5 Star Pizza
- 4 Classie Lassies
- 7 Superbowl Party
- 9 Valentine's Day Golf Scramble
- 10 HCC Board, 5pm
- 11 Pancake Breakfast, 7:30-9am
- 12 Mardi-Gras, 4:30pm
- Six Feet Up band, 6:30-8pm
- 14 Valentine's Day
- 15 National Flag Day (Canada)
- 20 President's Day
- 21-25 Turner Cup Golf Tourney
- 27 Ladies Luncheon, 12:30pm



## Happy Anniversary

- 5 Richard W. & Rupita Carnagey, #024
- 8 David & Pat Tobey, #111
- 9 Gary & Tammy JoAnn Bowers, #205
- 24 Paul & Ulla Laventure, #146

## HCC PRINTER

Our HCC printer resides with Loretta Poe, #70, phone 325-9297. She is usually available Monday-Friday from 3:30 to 5:00pm, but please call first.

# HIGHLAND COMMUNITY CLUB NEWS

## PREZ SEZ

It is already February. Where has winter gone, if you can call this winter. Your new board is now in place and is working hard to provide us with events to keep us active and entertained. Please support these volunteers by getting involved.

Each area will be responsible for certain events and your Area Reps need your support with their assigned events. Please help where you can to make it easier and more enjoyable for all. If there are any new activities you would like to see happen, let your Area Rep know or call me and we will see if we can fit it into our already busy schedule. Keep healthy and happy and we will see you around the park.

Gordon Will, HCC President

## CLIPS

Those clips on the outside wall of our homes serve a purpose: They are there to provide a place for our delivery team to leave this newsletter and other items of information without having to bother us.

When a clip is broken or missing, it makes our hard working delivery team even more work. And so members of the HCC board will be coming around to check on them, and replacing any that need it.

If you need a new clip, call your Area Representative. They were all listed in the January newsletter and will be in your new directory.

## HEARD AT THE NOVEMBER HCC BOARD MEETING

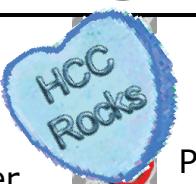
President Will runs a tight ship...things get discussed and work gets done. It's worth your while to come on down on the second Tuesday of the month at 5pm and watch.

This month, our new Treasurer, Clayton Wallers announced in his treasurer's report that HCC has 185 paid members. The Golf Association has 71 regular members and 12 social members. Yes, he said how much money HCC has too -\$6690.84 plus Golf and CAP funds.

Our new Activities Director announced that Area Representatives would again be responsible for certain events, and particularly, they would be responsible for putting together a clean up team for each assigned event. When it's our Area's turn to host an event, let's all step up and help our Representative out.

After the meeting, every board member had their photo taken. These photos will be put into a framed box on the front wall of the clubhouse so we can connect faces with names.

*(The actual minutes of the monthly board meetings are posted in the clubhouse.)*





*Six Feet Up: Kevin, Gail and Bruce*

## MARDI-GRAS PARTY

Lois Crook is making her special sausage jambalaya for Mardi-Gras this year. Bring an appetite and your own beverage. Social hour 4:30pm, dinner at 5:30. Watch for a signup sheet.



**Six Feet Up** will play from 6:30 to 8:30pm. They say this about themselves: "We are an Edmonton, Alberta based group that features three talented horn players, with Kevin on alto/baritone sax, flute and clarinet, Gail on tenor/soprano sax and Bruce on trombone. Bruce and Gail split vocals, etc. to create a powerful music experience."

We've had this group here several times and always loved them. Their songs and styles range from classical big band, R&B, and music from the 40s through the 80s.



## CASINO TRIP

Our first casino trip of the year will be on the 2nd to Lone Butte in Chandler. This will also be Janice Bruner's first time as our leader. By the time this newsletter comes out it will likely be too late to sign up, but let's hope you did. We need to support Janice, and the HCC as well.

Be at the clubhouse by 8:15am. The bus leaves at 8:30. It returns at 4pm and so be waiting by 3:45. The bus does not wait for stragglers.

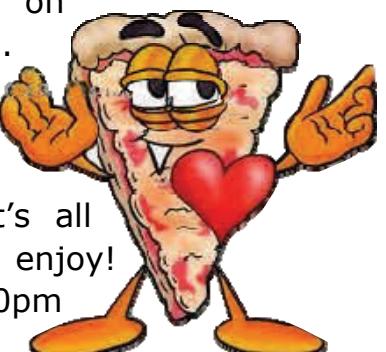
These trips are a win-win situation: We pay \$10 to get a fun bus ride to the casino and when we get there, the casino gives us our whole \$10 back! The money we pay goes directly into the HCC treasury and provides a variety of entertainment for us.

## 5 STAR PIZZA

Carol, our favorite pizza lady, will be back in the clubhouse with her ovens and salad bowls. on Friday, the 3rd.

(TGIF will be cancelled).

She makes a delicious pizza and so let's all turn out and enjoy! Social hour at 4:30pm and pizza at 5.





Shirley Platt and Clayton Wallers

## OUR NEW TREASURER

Shirley is a local gal. She was born right here in Phoenix. She'd been out of high school for a couple of years when she joined the Air National Guard. By the time she retired with an active military pension, she'd put in 21 years and had earned a Sr. Master Sergeant rating. It was while she was attending a training class in Texas, not long before she retired, that she met Clayton.

Clayton hails from California. He'd tried college, but wasn't sure what he wanted to do. So he dropped out and joined the Air Force. He was based in Texas when he was assigned to attend the same training class that Shirley was attending. The couple met and found that they had the same values, the same attitude towards life. And so they dated—long distance—for a year.

About the same time he met Shirley, Clayton became a single parent when he was awarded full custody of his three year old son, Phillip. Shirley was introduced to parenting in a big way when she took vacation time to go spend a week in Texas and Clayton was called away for a temporary duty assignment. "Phillip and I will be fine,"

she told Clayton as she kissed him goodbye. And then, Phillip came down with the measles. They all survived and it didn't scare Shirley off. The couple married a few months later and Shirley's main job became "Mom," for several years. It's something she is especially proud of. "I helped to raise a very good boy," she says with a fond smile. Clayton nodded. "We both did. I'm proud of him too."

Shirley kept her name when they married. She'd just retired and didn't want to wade through all the paperwork again. "But," Clayton says with a grin, "you can call us the Wallersplatts." A neighbor coined the nickname early in their marriage.

When it came time for Clayton to retire from the Air Force, Shirley, who by then had a job with a lawyer in Phoenix, specializing in veteran's law, told Clayton, "I make enough to support us. You don't have to work."

"I took her up on it," he says with that grin of his. Not that he's lying around. He's been remodeling their home and, yes, ladies, he does most of the house work. Once he gets their home the way they want it, he says he is open to helping others here in the community with remodeling and other odd jobs.

For fun, the couple enjoys their Siberian Husky, Tasha, goes for rides on their motorcycle, attends Nascar races, and when Shirley can get away, takes cruises to places like Alaska and the Caribbean. And they enjoy the social life here in our community. Even though Shirley is still working, they get out to most of the events. Welcome, Wallersplatts!





## LOVER'S FAREWELL

Weep for me, beloved,  
weep for me, my love,  
Weep and do not covet  
the soul that goes to rest.

These minutes, ling'ring, tell me  
my life was not in vain.  
Your weeping, softly, tells me,  
my life begins again,  
Is new, is fresh, is lasting  
in the love you bear for me,  
Transmuted, ever casting  
a new me for you to see.

What if for fleshly world,  
word love is but for rhyme,  
This love has my soul hurled  
'cross the barricades of time.

I am with you ever, always,  
now, with body lain away,  
Our beings shall make forays  
in true union. In the day,  
If you but call on me,  
in an instant I am there.  
When the moon is high and softly  
whispers moonbeams in your hair,  
My eyes will see the moonlight  
as it, peaceful, nestles down,



To rest there from its awful height,  
you grant, of light, a crown.

Look now, how bright the future looks:  
in night, in light, me, see,  
In all the pages of your books,  
if you but think on me.

Weep for me beloved,  
weep once and weep no more.  
There is no need to covet  
the soul my body bore.

Max Roytenburg



This poem is for the many widows/widowers in our community. Sometimes you may feel like all this "love stuff" that comes up in February just isn't for you anymore. But Max has a different take on it. He hopes you can relate.





**Can/Am Challenge winners—the Americans**

## GOLF NEWS

January started off with the Can/Am Golf Tournament. This year the US was able to wrestle the Championship away from the Canadians, but the northern visitors vow to be back next year with a stronger field!

Jack Sim and his team of Joan Will, Dan Hargreaves and Betty Olson won the Jumpin' January Scramble. The Golf Association had an excellent turn out of thirty members at their annual meeting. Tuesday Wednesday and Friday golf continues, and with a welcome start time change to 10am for the months of December and January. It changes back to 9 this month.

Partners golf and (optional) Grill is in full swing on Fridays. Ladies golf on Thursdays could use a few more participants, so come on ladies, get out there! As I write, the Presidents Cup is still to come and I will report on the results in March.

February's big event for golfers will be



the **Turner Cup** which will be held from the 21<sup>st</sup> to the 25<sup>th</sup>. Watch for more information and the Tournament Banner, which will be going up on the fence early in February.

## LADIES GOLF

Our **Valentine Golf Scramble** is on **Thursday February 9th** at 10:00 A.M. Grab a partner and join us for an 18 hole scramble. The cost is a hefty fifty cents each. Afterward, we'll have a Valentine's Day Pizza Party at Old Chicago at 6821 Superstition Springs Blvd. at 1pm. The sign up sheet will be on the golf bulletin board behind the office. Any questions contact Sharon Eckert at 621-7583.



## WOMEN'S GROUPS IN OUR COMMUNITY

### LADIES LUNCHEON

This month on the 27th at 12:30pm, Dr. Robert Grant will speak to us about our digestive system and how to make it function better. As seniors, we often deal with these issues and so this should be interesting. Dr. Grant is recommended by our own Lois Crooks.

We will have our usual salad, appetizers and dessert first, so sign up. bring your favorite winter luncheon dish for six and a dollar and plan to have a good time.

Last month we had our style show. More about that next month! In March, Linda Smith helps us to make a spring card. April is still undecided. Any ideas? After that we go into summer mode, where we eat out with Classie Lassies until fall.



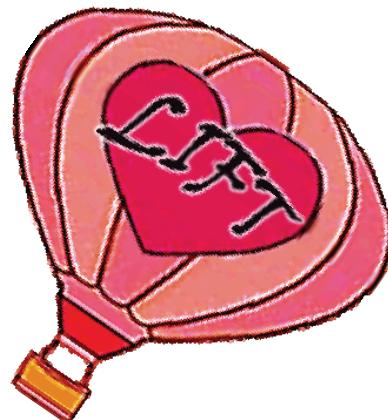
### LADIES AQUACISE GROUP

We meet every Monday, Wednesday and Friday at 9pm in the pool for exercises and fun. Our leader, Annie Baxter, has a broken arm and can't be with us in the pool for a while but we are still meeting. Come out and join us!

### CLASSIE LASSIES

We will hold our meeting on the first Saturday, Feb. 4th, after the coffee in the TV room. We will be collecting yearly dues at this meeting of \$5.00. Our February activity will be a visit to Stein Mart for a little shopping followed by a visit next door to Holly's Home-made Bakery and Cafe.

On March 5th, we are having a Spring Fling, with Jeff Stevens back again to work the same musical magic he did for our Christmas party. Besides the music, there'll dancing, food, drinks, good company and not a man in sight. It's open to any lady in The Highlands who wishes to attend. New members welcome at the monthly meetings. Hope to see you soon. Contact Barb Peters, 480-218-5924, for more information.



### QUILTING GROUP

This group is "not just for quilters." It's a weekly get together for doing hand sewing and crafts and visiting. We meet on Wednesdays from 1 to 3 PM. Contact Maradie Birmingham for more information, 325-0232.



*Just half of those who participated in the Polar Bear Swim on New Year's Day*

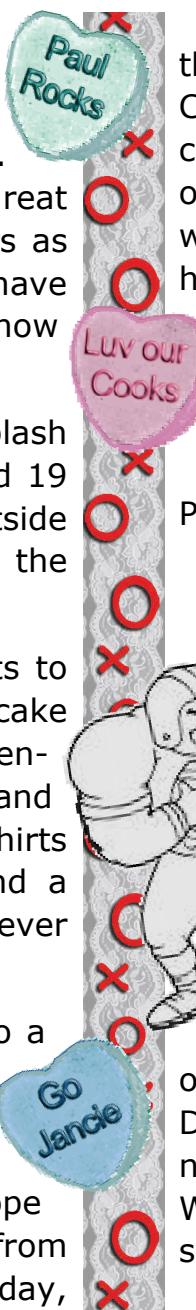
## **ACTIVITY DIRECTOR REPORT**

I am pleased to submit my first report as the 2012 Activity Director. First, I thank Barb Peters for the great job she did for five and a half years as the Activity Director. Unless you have held the position you have no idea how busy it is. And busy I have been!!

We started off the year with a big splash as in the Polar Bear Swim. We had 19 swimmers this year with the outside temperature a chilly 81 degrees and the water temperature over 90 degrees!

January hosted a number of events to get my feet wet, including, a pancake breakfast, an ice cream social with entertainment supplied by the "Highland Guitars" in their spiffy new T-Shirts courtesy of Cookie Roytenberg, and a dance with entertainment by the ever popular Road Runner Band.

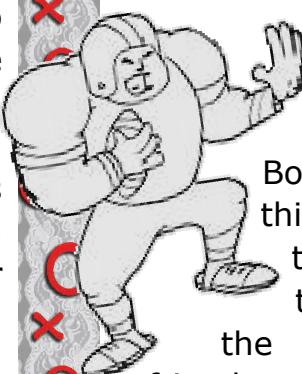
In February you can look forward to a Casino Trip to Lone Butte Casino on the 2nd. This is Janice Brunner's first attempt at putting together one of these trips so I hope you will support her efforts. Carol from 5 Star Pizza will be here on Thursday,



the 3<sup>rd</sup> and Superbowl is on the 5<sup>th</sup>. Lois Crooks will be doing her amazing job of cooking for a "Mardi Gras" themed party on the 12<sup>th</sup> and the band Six Feet Up will entertain after dinner. Then we have a couple of weeks to catch our breath before Brentwood Days starts in March. Watch for further information on the Activity Board, in the Out and About and event sign up sheets.

Paul Laventure, 794-1493

## **SUPER BOWL SUNDAY**



Jan McDaniels and Marguerite Bartlett of Area II are planning chili, frito pie and hot dogs for Super Bowl Sunday. Bring something to drink and some snacks to share and come on down to the clubhouse to watch the game with friends and neighbors on Sunday, the 5th. Don Richer will be running the pool again. Watch for a signup sheet for times and



## GETTING AND STAYING FIT

We have a variety of ways to maintain our health in our community: You can spend your morning exercising:

Start the day out with a brisk walk around the park around 6am and stop for coffee at one of the walker's houses along the way.

Then go to the clubhouse at 7:45am for weightlifting and stay for chair exercises (MWF) or aerobic dance (TuTh) at 8.

Then there's aquacize at 9am on Mondays, Wednesdays and Fridays for about an hour. Or if you'd rather you can golf. (Tuesdays, Wednesdays and Fridays) for a couple of hours.

If you are still up for more exercise, there's always the well equipped exercise room which is available 24 hours a day.



**Tops:** Oh, yes, don't forget TOPS. It meets on Monday mornings at 10:30 in the exercise room for a weekly weigh-in, and then adjourns to the TV room to discuss ways to help you monitor all that exercise, develop a healthy eating plan and provide lots of support while you follow through. Members share ideas and things that worked for them and contests make the job more fun.

Dues are only \$28 per year, with \$1 local dues per month. Anyone, man or woman, resident or not, is welcome. Contact: Mary Lou Sim 319-9743 or Betty Olson 641-2462.



**Exercise keeps me moving— and happy**

## SERVICES IN OUR COMMUNITY

Residents who and have a service to offer can be listed here:

**Handyman:** Mel Hornstein, #184, phone 275-7086. Good work, reasonable rates.

**Haircuts, color, perms, etc:** Lorrie De La Cruz, #16, phone 214-5958. Email: lorraine1351@gmail.com. In your home, evenings and weekends, by appointment. Organic, non-toxic products.

**Photo Restoration:** Helen Whitworth, #19. Phone: 480-981-1117, email: Helen@whitworth2.com. Low prices, free estimates.

**Small Plumbing Jobs:** Retired Plumber, 45 yrs exp., reasonable rates. Jerry Kachelmeier, #158, 480-357-8648

**House cleaning, errands:** Patty McKee, #96, 577-2821. Careful, dependable, reasonable rates.

## EXERCISES AND HEALTH

**Weights:** MWF. 7:45 - 8am.

**Chair Exercises:** MWF, 8am, Adele Genow, 654-5163.

**Water Aerobics:** MWF, 9am in the pool. Contact: Anne Baxter, 807-5313.

**Let's Dance!** Tuesday and Thursday in the clubhouse, 8am. Mary Shaw, 773-7489.

**TOPS.** Mondays. Weigh-in at 10:30am, Meeting at 11. (See page 9)

**Mixed Golf:** Tu, W, F at 9am. Bring 50 cents for two rounds of golf.

**Ladies Golf:** Thursday, 9am.

**Partners Golf and (optional) Grill:** Fridays, 4pm.



Please SIGN UP so we'll know how many to plan for—and then ATTEND OR ERASE YOUR NAME. Signup sheets are taken down on the THURSDAY PRIOR to the event. Bring your own table service unless otherwise noted.

## CRAFTS

**Quilting:** Wednesday, 1-3pm in the craft room. Any sewing craft, not just quilting. Maradie Birmingham, 325-0232

**Ceramics:** Tuesday, 1pm in the craft room. Just show up. Visitors welcome. Sue Rhodes, 924-1516.

**Carving:** Thursdays, 10am. Contact: Jack Sim, 656-5482.

**Card making class:** Cancelled due to family illness. Watch filers, etc. for restart Linda Smith.



## REGULAR EVENTS

**Saturday Coffee:** Saturdays, 7:30am. Free coffee, donuts \$1. 50-50 Raffle. Catch up on the news of the week.

**TGIF:** Fridays, 4:30pm social hour, 5:30pm, dinner. \$2 plus a side dish for 8. Bring your own table service. Contact: Mary Shaw, # 86, 773-7489.

**Lunch Bunch:** Tuesdays, 12 noon. Contact: Cel Fodor, 830-5571.

**Pancake Breakfast:** Saturday, the 11th, 7:30-9AM. Table service provided \$4.00.

**Ladies Luncheon:** Monday, the 27th at 12:30pm. (See page 8)

**Classy Lassies:** Saturday, the 4th after Coffee. Barb Peters, 218-5924.



## CARDS CORNER



**Cribbage:** Mondays at 7pm. Contact: Cel Fodor, 830-5571.

**Left, Right & Center** 2nd and 4th Wednesdays at 6:30pm. (8th and 22nd) \$5 for evening. Contact: Barb Peters, 218-5924.

**Bunko:** 1st and 3rd Wednesdays at 6:30pm. (1st and 15th) \$2 and a snack. Contact: Barry Wood, 218-7478.

**500:** Wednesdays, 7pm.

**Mixed Bridge:** Friday at 12:30pm. Sign up and come with a dollar. Looking for players.

**Pinochle:** Fridays, 1:00pm



**Bingo:** Thursday at 6:30pm. Just come—no need to sign up.

**Texas Hold Em:** Usually every other Tuesday around 1pm. Watch for signs.



## PRESIDENTS DAY FEBRUARY 20TH

Remember when we had two national holidays in February? When we celebrated Lincoln's birthday on the 12th and Washington's on the 22nd?

Then in 1971 President Richard Nixon proclaimed one single federal public holiday, the Presidents' Day, to be observed on the 3rd Monday of February, honoring all past presidents of the United States of America. It is now one of the eight national holidays in the US. Arizona is one of the many states that also celebrates President's Day. Therefore, national, state and local government offices, schools, and many businesses will be closed.

This is the day when we still think especially of our great presidents, Washington and Lincoln. But let's spare a thought for all those other men who have led our country. And while you are at it, add a prayer for the one who is leading us now. It's not an easy job!

## CANCELLATIONS

**Painting lessons:** Canceled for the rest of the winter due to lack of interest. Bonnie Rozelle.

**Card Making Class:** Cancelled due to family illness. Watch for a flier about restarting the class. Linda Smith



## NATIONAL FLAG DAY OF CANADA FEBRUARY 15TH

We love our Canadians! We've been seeing more and more Canadians in our community as the economy changes and spending winters in our warmer climate becomes more feasible. We appreciate the new energy you've added. And in celebration, we salute you and your national holidays.

Canada's distinctive maple leaf flag was first raised on February 15, 1965. The red-white-red pattern comes from the flag of the Royal Military College, Kingston, founded in 1876.

On February 15th, the Canadian flag is flown on many buildings, including private homes. Some people wear pins in the form of the flag. Many schools hold special lessons on the Canadian national flag and its history around this time of the year.

Flag Day is not a statutory holiday in Canada. Schools, organizations, businesses and stores are open and public transport services run to their normal timetables.



## EDITOR'S NOTES

Ahh, February! The month of love. This month, our motif is about the things we love in our community— our activities, our friends and neighbors, all the volunteers who make it so great—and more.

We have several new HCC officers this year. We are pleased to see that they are jumping right in, eager to serve us well. Let's support them with our attendance at the events they plan and let them know how much we appreciate their work.

Thanks to those of you who attended our training last month. We'll let you know what happens with the video.

Your editors, Helen and Jim Whitworth

## WHAT ABOUT PATIO SALES?

Should community-wide Patio Sales be an HCC sponsored activity or not?

How do you feel about patio sales? Are they worthy events or a waste of time?

Do they serve the community or just a few people?

Would you miss them if we didn't have any?

Tell your Area Rep what you think!

**Get the Highland Herald Online:**  
[hugshelen.com/herald.html](http://hugshelen.com/herald.html)

Manager: Suzanna Spann-Hernandez

Admin. Assistant: Elizabeth Gillespie

Maintenance Supervisor: Rodney Johnson

ELS Activities Coordinator: Barbara DeMith

Office Phone: (480) 832-6260

Office Fax: (480) 832-6276

Monday—Friday: 9am to 5pm

Saturday and Sunday: Closed

## THE NEWSLETTER TEAM

**Editors:** Jim and Helen Whitworth, #19  
981-1117. [herald@hugshelen.com](mailto:herald@hugshelen.com)

**Proofreaders:** Barb Peters, Betty Olson, Peg Copas and Marian Hargreaves.

**Delivery Team :** Joan Will

**Crew:** Loretta Poe, Lois Crooks, Dave Tobey, Marion Severson, Janice Brunner, Betty Amick, Sharon Eckert, Gail Anshutz, Gerry Bernard

**Advertisements:** Call Barbara DeMith, 832-6081, to get your ad in the Herald. (Email the editors with your information for the free ads)

**Residents:**

Items for sale : free  
Card size ad for services: \$5

**Non-residents and all larger ads:**

Quarter page: \$ 65

Half-page: 75

Full-page: 95

**Final assembly and Printing:**

Barbara DeMith, ELS Activities Dir.

**Submissions:** Please have submissions to the Herald **in by the 15th** of the month. Announcements and ideas for articles and people to interview or honor are encouraged.







Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			<b>February 2012</b>				
5 Super Bowl Party 	6 	7 Golf 9am Noon Lunch	1 2 Golf 9am  Bunko 6:30 pm	2 Ladies Golf 10 am Casino Trip Bingo 6:30 pm	3 Golf 9am 	4 Coffee 7:30 am Classic Lassies after Coffee 	
12 Mardi Gras Party with Six Feet Up 4:30-8pm 	13 	14 Golf 9am Noon Lunch Valentine's Day HCC Board Mtg 5 pm	8 Golf 9 am 	9 Ladies Valentine Golf Scramble 10 am	10 Golf 9am TGIF 4:30 pm	11 Pancake Bkfst 7:30-9 am 	
19	20 President's Day 	21 Golf 9am Noon Lunch	22 Golf 9 am  LRC 6:30 pm Bunko 6:30 pm	15 Golf 9am Canada Flag Day Bunko 6:30pm	16 Ladies Golf 10 am Bingo 6:30 pm	17 Golf 9am TGIF 4:30 pm	
26 	27 Ladies Luncheon 12:30 pm	28 Golf 9am Noon Lunch 	29 Golf 9 am	<b>February 2012</b>			

### REGULARLY SCHEDULED ACTIVITIES

MONDAY	WEDNESDAY	FRIDAY
7:45 AM Weights	7:45 AM Weights	7:45 AM Weights
8:00 AM Chair Exercises	8:00 AM Chair Exercises	8:00 AM Chair Exercises
9:00 AM Water Aerobics	9:00 AM Golf	9:00 AM Golf
10:45 AM TOPS	9:00 AM Water Aerobics	9:00 AM Water Aerobics
7:00 PM Cribbage	3:00 PM Quilting	12:30 PM Mixed Bridge
<b>TUESDAY</b>	6:30 PM Bunko/LRC	1:00 PM Nine Card Pinochle
8:00 AM Aerobic Dance	8:00 AM Aerobic Dance	4:00PM Partners Golf and Grill
9:00 AM Golf	10:00 AM Carving	4:30 PM GIFT Social Hour
12:00PM Lunch Bunch	10:00 AM Ladies Golf	5:30 PM TGIF Dinner
1:00 PM Ceramics	6:30 PM Bingo	<b>SATURDAY</b>
		7:30 AM Coffee