



Highland Herald

April

THE REAL BEAUTY OF EASTER

2012

With Our Eyes we see
the beauty of Easter
as the earth awakens once more. . .

With **Our Ears** we hear
the birds sing sweetly
Thank God for blessings galore.

The daffodils, hyacinths, and lilies
with **Eager Hands** we pick,
bouquets of cheer
for loved ones,
shut-ins and the sick.

But only with **Our Hearts**
can we feel the power that heals
at work, or play, during trials,
and even at our meals.

If we would give smiles and hugs,
like cute, little, busy bugs
The Highland Community will ring

If the Easter gift we give each other
along with jelly beans, and things--
Is much more **Love**, this Spring!

Deborah 4/2012

HIGHLAND COMMUNITY CLUB NEWS

PREZ SEZ

The winter season is winding down and the Snow Birds are returning home for the summer. We had a highly successful season, capped off by a full week of Brentwood Days. Thanks to all the volunteers who made this possible. Those of you who didn't attend the closing Banquet and dance missed a really good party.

As a courtesy to all the walkers in the park please ensure that vehicles are not parked on the sidewalks and that your walk is clear of rocks.

It looks like summer is here with all its warm weather. See you at the Pool.

Gordon Will, HCC Prez

HEARD AT LAST MONTH'S HCC BOARD MEETING

The board voted to donate \$100 for water for the needy again this summer, a yearly citywide project.

Peg Copas has announced that she wishes to retire as editor of the weekly Out and About emails. Debbie Melton will take her place.

The key to the storage room had to be replaced. The new key will be left in the usual place but Clayton Wallers, #222, will also have a key in case of another emergency.

The April HCC Board meeting will be held a week early, on the 3rd, so that our President can attend. He leaves for home before the usual date.

(The actual minutes posted in the clubhouse.)

HCC ACTIVITIES

We are having our last big HCC event of the season a little earlier and celebrating Trece de Abril instead of Cinco de Mayo. (See page 8)

Here's a few highlights from last month's **Brentwood Days**:

- ≈ Shuffleboard contestants watched Max Roytenberg write a poem about their play as it happened. (See pg 5)
- ≈ Pool players watched 98-year-old Bob Johnson win 3rd place.
- ≈ A full 2-hour Poker Run, with fun lawn games, wii bowling and visits.
- ≈ A decorated golf cart parade with happy horns.
- ≈ A Taco Salad Bar Awards buffet followed dancing to the great music from Comeback Buddy. (photo, pg 4)
- ≈ See page 4 for Contest winners.

Casino Trip: The Prescott trip was a great success, with 56 residents on the bus. We are working with an event planner on the possibility of an overnight trip to Laughlin for gambling and golf next season and other bus trips to places and events in Arizona as well.
Paul Laventure, Activities Dr.

On the bus to Prescott:



BRENTWOOD DAYS WINNERS

We had many contests during Brentwood Days week, with each winner receiving a \$10 prize. The winners are:

Cribbage: Tom Lefevbre.

500: Dorothy Gale.

Bridge: Shirley Leppink. Ed Slominsky and Jim Mueller.

LRC: Barb Peters, Barb Morrissey, Sharon Eckert, Betty Anderson and Annie Baxter.

Bingo: Laurette Johnson, Annie Baxter, Dan Hargreaves (two time winner), Jess Grant, Laura Smith, Sylvia Munroe, Cel Fodor, Sue Rhodes, Shirley Leppink, Don Richer, Pat Alexander, Joyce Krzystofiack and Peg Copas.

Shufflespiel: Sharon Eckert and Don Richer.

Pool: Ed Slominsky.

Best Golf Cart: Mary Shaw

Poker Run: Mary Shaw, Cel Foder, Jim Whitworth and one other.

Men's Golf: Carl Rozelle

Women's Golf: Marian Hargreaves

Ladies Day Golf: Shirley Leppink

Oldest player in an non-active event: Bridge player, Ralph Wilson, 100.

Oldest player In an active event: Pool player Bob Johnson, 98.



EASTER EGG HUNT



Brentwood's Third Annual Easter Egg Hunt will be held at 1pm on Saturday, April 7th, just before Easter. Young hunters and their families and friends should meet at 195 Fairway, just across from the 8th green. Anyone, including friends and families from out of the park, is eligible to come. Bring your grandchildren and tell your friends and neighbors to bring theirs.

Barbara Morrissey is facilitating this event, as she has done since its start. Thank you, Barb! If you have something you'd like donate for a prize, you still can although Barb says people have already been very generous. She has already received many prizes over the past months.

Let's all help Barbara make this event a success. That means inviting all the children you can to come and hunt for eggs—and other prizes. "The more the merrier," Barb insists. "I like lots of children. Age is of little concern because the older kids always help the littler ones and everyone has a good time." And, we suspect, so do the grownups! Sign up by calling Barbara at 602-284-6170 or emailing her at bamzz@cox.net.

Dancing to the Come Back Buddy Band during Brentwood Days





BRENTWOOD DAYS SUFFLESPEIL

Shuffleboard players marveled as Max Roytenberg wrote this epic story of their game as it progressed. If you weren't there, he makes you wish you had been, doesn't he? Guess we'll all have to show up next year—or on any Saturday at 2pm.

Betty Anderson (left) was the tournament winner. and Gordon Will and Sharon Eckert (not shown) were Brentwood Days winners.

SHUFFLING OFF AT BRENTWOOD

The odds were great, the tension high
The faces grim—the end was nigh.
Then it was clear that their union was still safe,
Betty had licked the master,
Dudley was slightly out of shape.

But the battle of the century was when Delores challenged Gord,
When the dust had finally settled he felt like he was trampled by a
horde.

The joke of the day was Maxie's score, his zero won the game on
points,
Don's scoring minus thirty and the Booby prize—Darn!—the
Lucky dog wins all the Joints.

Larry beat Dan and Sharon beat JeanAnne, but the best was yet to
come so true

When Delores skunked Sharon twenty-two minus two.
Finally there was Dudley who challenged Dolores, brave and bold.
What's happening? The world it shakes! Dolores stopped our
Dudley cold.

We could tell how Paul lost to JeanAnne the first time she ever
played,
But the glory goes to our Betty, the winner's golden crown proudly
displayed.

You may have missed the show this time, but for years it will be
told
In the Highlands of our Brentwood where our good times do unfold.

GOLF

Our Annual Turner Cup 54 Hole Match Play was once again sponsored by the generous folks at Earnhardt Buick/GMC.

Amazingly, four people scored holes-in-one during this tournament. Jim Whitworth, Jack Sim, and Paul Laventure got theirs on the first day. Fred Schmidt got his when he and Shirley Leppink playing an extra hole to decide the winner of their Flight. Just before he teed off, Shirley told him to "get a hole-in-one and end the match." To their surprise, that's exactly what Fred did!

Men's and Women's Championship Flight winners: 1st: Barry Wood (for the second year in a row) and Marian Hargreaves, 2nd: Carl Rozelle and Barbara Newkirk, 3rd: Jerry Jackson and Glenice Schmidt. .

Brentwood Flight: Dick Maertens-Poole.

Men's and Women's Consolation Flights: Jim Gale and Loretta Poe.

Putting Contest: 1st: Glenice Schmidt, 2nd: Shirley Leppink, 3rd: Betty Olson and Shirley Proud (tie).

Non-Qualifier Flight: Fred Schmidt, with his tie-breaking hole-in-one.

The Battle of the Sexes: This new event kicked off Brentwood Days with a lively skirmish that earned the men 15 minutes of bragging rights. They won even though the ladies kept score! How honest is that! The best men's and women's scores went to Ron Sheets and Toni Sanderson.

Winners of the **Mixed 54-Hole Brentwood Days Handicap Tournament**, another new Brentwood Days event, were Carl Rozelle and Marian Hargreaves.

Memorial Scramble: This tournament, which honors our past golfers, will be our final event this spring. However, we will continue to play every Tuesday, Wednesday and Friday. Starting times may change as the weather heats up.

This will be my last report until fall and so I want to take this opportunity to thank the many folks who worked to make this season's golf so much fun: the Golf club officers, Sharon Eckert who handled the hospitality and all the ladies who provided food, Jim Whitworth who ran most of the tournaments and kept the handicaps, Don Eckert who made the hole-in-one trophies and anyone else I've forgotten.

Paul Laventure

LADIES GOLF

St. Patrick's Day Tournament - Thirty-seven players turned out to play in beautiful weather. We had a surprising 4-way tie for 1st first place: Team Rozelle, with Carl and Bonnie, Ann Baragar and Jim Gale. Team Walstad, with Bob and Elly, Ron Sheets and Toni Sanderson. Team Eckert, with Don and Sharon, Jack Sim, Barb Newkirk and Don Richer. Team Laventure, with Paul and Ulla, Betty Anderson and Dudley Jans. After the game, we retired to the clubhouse for burgers and potluck.

This was Sharon's last event. Marian Hargreaves has volunteered to be in charge next year. Thank you Sharon for you two years of hard work. Thank you Marian for stepping up.



1



5



2



4



3

Turner Cup and Brentwood Days photos. 1: Golfers gathered around a Buick Lacrosse from the Turner Cup sponsor, Earnhardt Buick/GMC. 2: Elly Walstad, Paul and Ulla Laventure and Bob Walstad dressed for the St. Pat's Day Scramble. 3: Turner Cup Champs Barry Wood and Marian Hargreaves holding their trophies, with golf officials and Earnhardt representative. 4: Marian and Dan Hargreaves sparing off, getting ready for the Battle of the Sexes. 5: Jack Sim, Jim Whitworth, Fred Schmidt and Paul Laventure with their hole-in-one trophies.



Curtis Knox, Entertainer

TRECE DE ABRIL DINNER DANCE

For us non-Spanish speaking folks, that's the **13th of April**, and the result of our HCC planners, thinking of all the folks who leave before Cinco de Mayo.

There will be the same yummy food and happy theme, just a few weeks early. This Friday event will also replace TGIF that week.

The date is Friday, April 13th. The times are the same, 4:30 social hour, 5:30 dinner and 6:30 entertainment. And that's the next treat. Our Activities Director has seen Curtis Knox perform and says he's great.

ENERGETIC SINGER/MUSICIAN

Knox performs Country and Western, Rock and Roll, Rhythm and Blues, Calypso, and Pop songs, becoming the character of each song he sings—Charlie Pride, The Temptations, Garth Brook Roy Orbison and many more.

His "Belvis" (Black Elvis) amazes and pleases. Curtis thrives on the energy of interacting with his audience and he'll take you back to the day when an entertainer gave everything he had to his audience each time he performed.

THE NEW ALPHABET

A is for Apple, and **B** is for Boat,
that used to be right but now it won't float.
Age before beauty is what we once said,
but let's be a bit more realistic instead.

Now The New Alphabet:

A's for arthritis;

B's the bad back,

C's the chest pains, perhaps car-di-ac?

D is for dental decay and decline,

E is for eyesight, can't read that top line!

F is for fissures and fluid retention,

G is for gas which I'd rather not mention

H for high blood pressure--I'd rather it low;

I for incisions with scars you can show.

J is for joints, out of socket, won't mend,

K is for knees that crack when they bend.

L's for libido, what happened to sex?

M is for memory, I forget what comes next.

N is neuralgia, in nerves way down low;

O is for osteo, bones that don't grow!

P for prescriptions, I have quite a few,
just give me a pill and I'll be good as new!

Q is for queasy, is it fatal or flu?

R is for reflux, one meal turns to two.

S is for sleepless nights, counting my fears,

T is for Tinnitus; bells in my ears!

U is for urinary; troubles with flow;

V for vertigo, that's 'dizzy,' you know.

W for worry, now what's going 'round?

X is for X ray, and what might be found.

Y for another year I'm left here behind,

Z for the zest I still have—in my mind!

WOMEN'S GROUPS IN OUR COMMUNITY

LADIES LUNCHEON

February. We had another big turnout this month. Our speaker, Dr. Randy Graham of Divine Nature Group, explained the function of probiotics or "good bacteria" and enzymes, how they both are important for our digestion, and what happens when we don't have enough.

He advocated eating raw or quick frozen food vs. cooked food, eliminating carbonated water, alcohol, fried foods and white flour products from your diet, and adding natural supplements as needed. The group was interested enough that they want him to return next year and he has agreed to do so, probably at a time when men can also attend.

Dr. Graham's services are not covered by Medicare or most insurances, but his fees are reasonable: \$70 for a full evaluation. Per popular request, his contact information is:

Divine Nature Group LLC

7143 E Southern Ave, Suite 117

Mesa, AZ 85209

Phone: 480-779-4422 or 877-74FLORA

Website: www.DivineNatturre.com

March: Our own Linda Smith, who has been holding card-making classes on Mondays, is scheduled to help us make Spring cards. More next month...

April: At our last meeting of the season, on the **23rd**, we will play Card Bingo. Our meeting starts at 12:30pm. Bring your regular dollar and a salad.



CLASSIE LASSIES

If you missed the Classie Lassie's Spring Fling, you really missed a good time. The food was plentiful, the music was great and the enjoyment level of all the ladies was just off the charts. Our dance floor was full all evening (who needs the men?) and when it was done, I heard over and over, "When is the next one?" So keep your dancing shoes shined up and watch for it in the fall.

We will hold our regular monthly meeting on **April 7th**. At that meeting we will be making plans for future events. New members are always welcome. Hope to see you soon. Contact Barb Peters, 480-218-5924.



SPRING BRUNCH

The Classie Lassies are sponsoring a Spring Brunch on **Thursday, April 5th at 11:30am**. This event is **open to everyone, yes, men too!** Cost is \$5 per person. It should be really good. There will be omelets cooked to order by the 5-Star Pizza crew, fruit bowls and rolls, topped off by delicious Cinnamon sugar donut muffins baked by our own Pat Sabaii. Sign up and come! And Remember, this is open to our guys too. Bring them along!

EXERCISES AND HEALTH

Weights: MWF. 7:45 - 8am.

Chair Exercises: MWF, 8am, Adele Genow, 654-5163.

Water Aerobics: MWF, 9am in the pool. Contact: Anne Baxter, 807-5313.

Let's Dance! Tuesday and Thursday in the clubhouse, 8am. Mary Shaw, 773-7489.

TOPS. Mondays. Weigh-in at 10:30am, Meeting at 11. Will continue through the summer.

Mixed Golf: Tu, W, F at 9am. Bring 50 cents for two rounds of golf.

Ladies Golf: Thursday, 9am.



Please SIGN UP so we'll know how many to plan for—and then ATTEND OR ERASE YOUR NAME. Signup sheets are taken down on the THURSDAY PRIOR to the event. Bring your own table service unless otherwise noted.

CRAFTS

Quilting: On hiatus until fall. Maradie Birmingham, 325-0232

Ceramics: Tuesday, 1pm in the craft room. Just show up. Visitors welcome. Sue Rhodes, 924-1516.

Carving: On hiatus until fall. Jack Sim, 656-5482.



REGULAR EVENTS

Saturday Coffee: Saturdays, 7:30am. Free coffee, donuts \$1. 50-50 Raffle. Catch up on the news of the week.

TGIF: Fridays, 4:30pm social hour, 5:30pm, dinner. \$2 plus a side dish for 8. Bring your own table service. Contact: Mary Shaw, # 86, 773-7489.

Lunch Bunch: Tuesdays, 12 noon. Contact: Cel Fodor, 830-5571.

Pancake Breakfast: Saturday, the 14th, 7:30-9AM. Table service provided. \$4.00.

Ladies Luncheon: Monday, the 23th at 12:30pm. (See page 9)

Classy Lassies: Saturday, the 4th after Coffee. (page 9) Barb Peters, 218-5924.



CARDS CORNER



Cribbage: Mondays at 7pm. Contact: Cel Fodor, 830-5571.

Left, Right & Center 2nd and 4th Wednesdays at 6:30pm. (11th and 25nd) \$5 for evening. Contact: Barb Peters, 218-5924.

Bunko: 1st and 3rd Wednesdays at 6:30pm. (4th and 18th) \$2 and a snack. Contact: Barry Wood, 218-7478.

500: Wednesdays, 7pm.

Mixed Bridge: Friday at 12:30pm. Sign up and come with a dollar. Looking for players.

Bingo: Thursday at 6:30pm. Just come—no need to sign up.

Texas Hold Em: Tuesdays at 6:15pm. Barbara Morrissey, 641-7000.

WINTER VISITOR CHECK LIST

4-2 weeks prior to leaving:

- Identify someone to be responsible for your site while you are gone. Have them:
 - ≈ Maintain your yard (especially weed control!)
 - ≈ Flush your toilet and run a little water from the faucets each week (if you leave your house water on.)
 - ≈ Be your first line emergency contact with the office and be sure to let them know how to reach you at all times.
 - ≈ Check your mailbox. Provide a list of the types of mail you want to know about.
 - ≈ Do a weekly walk through your house and yard (and after storms) to check for problems, leaks etc.
- **Temporary Absence Form (pg 13)**
 - ≈ ***Must be submitted to the office at least 30 days prior to leaving.***
 - ≈ You need to do this so that you don't get charged for garbage and sewer during the summer months and so that the office has a way to contact you for emergencies.
 - ≈ Forms also available in the office, on the Herald Online website.
 - ≈ Arrange for mail forwarding. (Do about 10 days prior to leaving)
- Notify telephone, Internet providers to put your service on hold.
- Notify newspaper to stop deliver on certain date.

One or two Days Prior:

- Clear off your patio. Fabric, plastic or wood will be damaged by the heat.

- Replace backup batteries in any alarms systems, thermostats, etc.
- Seal up dry products like cereals in zip-lock bags to keep bugs and moisture out. (I use a covered plastic bin.)
- Refrigerator and freezer:
 - ≈ Leaving off: Empty and prop doors open when you leave.
 - ≈ Leaving on: Toss all food that will spoil. A full fridge takes much less power, so fill it up. Water bottle, tinned food, condiments, etc. (I use soda cans of water in the freezer.)
 - ≈ Store your candles in your fridge and fur items, wooden knick knacks or other items that might be damaged by the heat in the freezer.
- Water treatment systems (reverse osmosis, filtering, etc): determine if any action needs to be taken.
- If you are leaving a vehicle, disconnect the battery.
- Golf carts: Put water in the battery. Have your caretaker replace this once a month while you are gone.
- Remove the propane tanks from your patio grill or other items.
- Set your irrigation system to water automatically to keep shrubs etc. alive.
- Cover skylights with a sheet of bubble quilted aluminum to decrease heat.

Before you Lock up and Drive Off

- Unplug everything to prevent damage from summer monsoons lightning.
- Fill bathtubs and leave large buckets or tubs of water in each room for moisture.
- Decide to leave your AC on or off, de-

pending on what you have to protect from the heat. If on, set the thermostat as high as it will go, which is adequate protection.

- Turn off:
 - ≈ Natural gas at the main valve.
 - ≈ Water heater.
 - ≈ Turn off house water at main valve (to house, not necessarily to the whole lot, unless you are turning off the landscaping water too.)
 - ≈ Turn off ceiling fans, indoors and out. (Sometimes, we forget to look up before we leave!)
- Close all blinds and drapes, to keep out as much heat as possible.
- Leave all the interior doors open to improve circulation.
- If you use call forwarding on your land line, set it now.
- Appliances:
 - ≈ Open any sealed doors (dryer, turned off fridge or freezer, etc.).
 - ≈ Put a few spoonfuls of vegetable oil in the dishwasher and garbage disposal to protect seals.
- Do a final walk through to make sure everything is done.
 - ≈ Dose your caretaker have your house key and any other needed keys?
 - ≈ Are you leaving anything you have out to take?
 - ≈ Where's your cell phone? Purse, jacket, and other last minute items?

SERVICES IN OUR COMMUNITY

Residents who have a service to offer can be listed here:

Handyman: Mel Hornstein, #184, phone 275-7086. Good honest work, reasonable rates.

Haircuts, color, perms, etc: Lorrie De La Cruz, #16, phone 214-5958. Email: lorraine1351@gmail.com. In your home, evenings and weekends, by appointment. Organic, non-toxic products.

Photo Restoration: Helen Whitworth, #19. Phone: 480-981-1117, email: Helen@whitworth2.com. Low prices, free estimates.

Small Plumbing Jobs: Retired Plumber, 45 yrs exp., reasonable rates. Jerry Kachelmeier, #158, 480-357-8648

House cleaning, errands: Patty McKee, #96, 577-2821. Careful, dependable, reasonable rates.



CALL FOR VOLUNTEERS

TGIF Cooks. If you love to cook, or even if don't but would like to learn how to cook for a crowd, talk to Mary Shaw, 659-8700. She'll walk you through it and make it seem easy!

If you know of a need for volunteers, please send an email to herald@hugshelen.com and we'll include it here.

TEMPORARY ABSENCE FORM

Winter Visitors: Please complete the form below at least **30 DAYS BEFORE YOU LEAVE** The Highlands at Brentwood. It will ensure that you are not billed for trash service while gone and provide us with contact information should we need it. We **MUST** have this completed form on file to stop billing you for trash services; otherwise you will be billed! Suzanna Span, Community Manager

Last Name _____
(Please Print)

Our home in space # _____ will be vacant starting _____

Until approximately _____.

We can be contacted at: _____

Change billing address? (Circle one) Yes No

Change billing address to: _____

I understand that during our absence, our home must remain in complete compliance with the regulations in the park. Our caretaker will be:

Name: _____ Phone: _____

Our caretaker is authorized to do all repairs and improvements necessary to maintain our home site unless stated below under "Further Instructions."

Trash Collection:

In accordance with sec. 33.1413.o of the Arizona Mobile Home Park Residential Landlord and Tenant Act, please remove the trash collection charge from our account for the duration of our absence. If our plans change, and we return *prior* to the date stated above, we will immediately contact you.

We understand that this form must be completed prior to the leave date listed above to have the trash collection charge removed. We further understand that *credit will not be given for collection service charges accrued prior to the leave date on this notice.*

RV Sites:

We understand that if we have an RV site, we will *not* be guaranteed the same site upon our return *unless* we continue to pay the monthly fees during our absence.

Renting:

We understand that if our home is rented out, we must have the renters complete the rental application form and be approved by the management *prior* to any renters occupying the home.

Further Instructions: _____

FROM OUR MANAGER

Winter Visitors: Don't forget to complete a Temporary Absence Form so that you don't have to pay for trash pickup while you are gone. (form on page 14, right after the detailed leaving list. Also note the detailed leaving li

RV Storage Area: Please do not discard or dump any large household items (furniture, water heaters, appliances, mattresses, paint, etc.) here. We do not have the man power or budget to dispose of such items. You must take these items to the city dump or call to have them picked up (Goodwill, etc.).

Pets: It has been observed that many pet owners are walking their dogs and not cleaning up after them. This has now become a problem along the Oleanders on Lynn Lane (across from the Clubhouse). Please make sure you have a waste bag with you while walking your pet and clean up after them promptly. Please be courteous and do not allow your pet to potty on/at a home that is not yours - this rude behavior is also against the park rules! Always contain your pet on a leash while outside of the home.

Smokers: There are cigarette butts all over the community - THE PROPERTY IS NOT AN ASH TRAY - if you smoke, please do not throw them on the ground when you are done!

Suzanna Span, Manager

DIRECTORY CHANGES

Your 2012 directories are in your hands, and the 2012 Online Directory is now active. Just go to the Online Herald and click on Directory.

We will update the Online Directory on a monthly basis and note the changes here for you to change your own copy:

Directory Additions:

Arnie and Thelma Prohaska, #166

June Frazen, #166, 480-621-7895, cell 612-741-1189. Summers: 14469 Flora Way, Apple Valley, MN 55124, phone: 952-891-1189

Robert and Jess Grant, #072. Summers: Scotland.

No reported changes this month.

GETTING THE HERALD

We have one more issue before we stop for the summer and let the *Out and About* emails take up the slack. The office will no longer send the Herald to you even if you provide envelopes and postage. However, it will be online. If you don't have a computer you can go to a library and ask them to help you to download it. The web address is hughshelen.com/herald.html. Or you can ask a neighbor to mail it to you. Or, of course, you can simply depend on the *Out and About*. Most of the information you will want will be in that anyway! Happy Summers.

MAGNETIC NAME TAGS

Anyone who would like to purchase the magnets to hold on your name tags, so that you do not have to pin them to your clothes, there are available for \$1.50. Please contact Marian Hargreaves #266 or call at 480-641-0338.

EDITOR'S NOTES

By the end of this month, most of our winter visitors will be gone and activities are winding down. However, we still have a few and so read the Out and About and check the bulletin boards for the signup sheets and the most recent information.

Also, if you are leaving this summer, **don't forget to fill out a Temporary Absence Form.** We've printed one on page 13, but you can get them at the office too. We also put together a "Leaving List" that we hope will help you remember to do everything you need to get done before you head out.

Don't forget that you can access the Herald Online from your computer during the summer. We have one more issue before our summer hiatus.

Your editors, Helen and Jim Whitworth



Get the Highland Herald Online:
hugshelen.com/herald.html

Manager: Suzanna Spann-Hernandez
Admin. Assistant: Elizabeth Gillespie
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Saturday and Sunday: Closed

THE NEWSLETTER TEAM

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981-1117. herald@hugshelen.com

Proofreaders: Barb Peters, Betty Olson, Peg Copas and Marian Hargreaves.

Delivery Team : Joan Will

Crew: Loretta Poe, Lois Crooks, Dave Tobey, Marion Severson, Janice Brunner, Betty Amick, Sharon Eckert, Gail Anshutz, Gerry Bernard

Advertisements: Contact the manager to get your paid ad in the Herald. Email the editors with your information for the *free ads.*

Residents:

Items for sale : free
Card size ad for services: \$5

Non-residents and all larger ads:











Quarter page: \$65
Half-page: 75
Full-page: 95

Final assembly and Printing:

ELS Activities Dir.

Submissions: Please have submissions to the Herald **in by the 15th** of the month. Announcements and ideas for articles and people to interview or honor are encouraged.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2	3 Golf 9am Lunch Bunch noon HCC Board 5pm	4 Golf 9am  Bunko/LRC, 6:30pm	5 Ladies Golf 9am Omelet Brunch 11:30am Bingo 6:30 pm	6 Golf 9 am Good Friday TGIF 4:30pm	7 Coffee 7:30am Classy Lassies 
8 Easter	9 	10 Golf 9am Lunch Bunch noon	11 Golf 9am Bunko/LRC 6:30pm	12 Ladies Golf 9am  Bingo 6:30 pm	13 Golf 9 am Trece de Abril Dinner 4:30pm Curtis Knox 6:30pm	14 Pancake Bkfst 7:30—9am
15	16	17 Golf 9am Lunch Bunch noon	18 Golf 9am Bunko/LRC 6:30pm	19 Ladies Golf 9am Bingo 6:30 pm	20 Golf 9 am  TGIF 4:30pm	21 Coffee 7:30am
22 	23 Ladies Luncheon 12:30pm	24 Golf 9am Lunch Bunch noon	25 Golf 9am Bunko/LRC 6:30pm	26 Ladies Golf 9am  Bingo 6:30 pm	27 Golf 9 am TGIF 4:30pm	28 Coffee 7:30am
29	30 					



REGULARLY SCHEDULED ACTIVITIES

<p>MONDAY 7:45 AM Weights 8:00 AM Chair Exercises 9:00 AM Water Aerobics 10:45 AM TOPS 7:00 PM Cribbage</p> <p>TUESDAY 8:00 AM Aerobic Dance 9:00 AM Golf 12:00PM Lunch Bunch 1:00 PM Ceramics 6:15 PM Texas Hold'em</p>	<p>WEDNESDAY 7:45 AM Weights 8:00 AM Chair Exercises 9:00 AM Golf 9:00 AM Water Aerobics 6:30 PM Bunko/LRC</p> <p>THURSDAY 8:00 AM Aerobic Dance 9:00 AM Ladies Golf 6:30 PM Bingo</p>	<p>FRIDAY 7:45 AM Weights 8:00 AM Chair Exercises 9:00 AM Golf 9:00 AM Water Aerobics 12:30 PM Mixed Bridge 4:30 PM TGIF Social Hour 5:30 PM TGIF Dinner</p> <p>SATURDAY 7:30 AM Coffee</p>
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