

Remember our Troops



HIGHLAND HERALD



January 2011

ANOTHER CHANCE

Last year has come and gone in a glance
and we are given another chance.

Another chance to write or call that friend,
Another chance for prejudice to end.

Another chance to give that lazy kid a push and a shove,
Another chance to give that cranky neighbor some love.

How often we wish for another chance
to make a fresh beginning, to turn failure into winning

It does not take a new year to make a brand new start;
it only takes a deep desire to try with all one's heart.

To live a little better, to be forgiving
to add a little sunshine, to the world in which we're living.

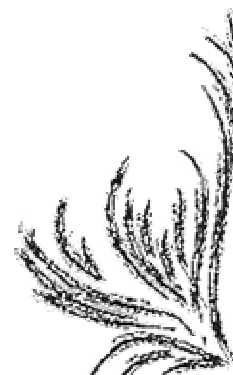
Another chance to sing our songs,
Another chance to right our wrongs.

Another chance to live a higher life,
respecting that husband, loving that wife.

Last year has come and gone in a glance,
What will you do? You have another chance...

Happy New Year Everyone!

Deborah, 1/2011



Happy Birthday

- 1 Ted Krzystofiak, #120
- 1 Kaye Orn, #236
- 3 Lorrie DeLaCruz, #016
- 3 Spike McConnachie, #173
- 4 Renae Johns, #241
- 4 Richard Jones, #048
- 5 Robert Bissell, #079
- 7 Robert Totten, #065
- 8 Robyn Nettis, #119
- 8 Jeanne Tynor, #183
- 9 Earlene Jackson, #107
- 9 Pauline Wenbourne, #008
- 13 Peggy McNaney, #207
- 14 Diane Sinnema, #271
- 17 Dena McDevitt, #109
- 18 Glen Erickson, #081
- 20 Barry Wood, #156
- 21 Joan Blankenship, #105
- 21 Bev Browning, #136
- 22 Betty Sue Rhodes, #015
- 23 Hughie Tanner, #102
- 24 Nita McConnachie, #173
- 25 Betty Amick, #214
- 26 Cecilia Fodor, #023
- 27 Harriet Hurrish, #012
- 27 Janell Sands, #013
- 28 Melinda Ihlenfeldt, #177

Get the Highland Herald Online:
hugshelen.com/herald.html



JANUARY ACTIVITIES

- 1 Happy New Year
American-Canadian Golf Battle, 10 AM
Polar Bear Dip, 2 PM
Social Hour and Dinner, 4 and 5 PM
- 8 Pancake breakfast 7:30 to 9 AM
Classy Lassies, 9 AM
- 10 Annual Meeting with new HCC Board, 7PM
- 11 Monthly board meeting 5:00 PM
- 15 HB Boutique
Pizza and Salad,
- 18 Ice Cream Social, 6:30 PM
- 22 Light supper, 5:30 PM
Nostalgics Harmonica Trio +1, 6:30 PM
- 24 Ladies Luncheon -- 12:30 PM

Happy Anniversary

- 2 Miryom & Max Roytenberg, #147
- 8 Renae & Joe Johns, #241
- 18 Barbara & Nathan Gott, #071
- 28 Candy & Ed Gormley, #048

HCC COPIER

The HCC copier lives with Neil Stone, #34. If you need to do some printing, you can call his cell at 250-0234 and let it ring at least 5 times. (He says he's slower than he used to be!) A dime for the first copy and then 5 cents each.

happy new year

PREZ SEZ

This is going to be short and sweet. Both Judi and I hope that everybody had great holidays. We both are looking forward to 2011 as we continue to feel that our move to AZ and The Highlands was the best move that we have ever made. We have been blessed to have the friends that we have made and much more importantly, to consider ourselves a part of the best bunch of people that there is.

2011 ANNUAL MEETING

Our 2011 Highlands at Brentwood Annual meeting will be held on January 10th at 6 PM. This is when we install the Area Representatives you voted for in November and when the HCC Board officers for 2011 are formally introduced. Do come down and meet them and let them know they have your support.

The 2011 Area Representatives are:

Area I: Loretta Poe and Lois Crooks

Area II: Marion Severson, Gordon Will and Jan McDaniel.

Area III: Anne Baxter, Bruce Williams, and Maradie Birmingham

Area IV: Connie Tusa, Bill Wilson and Dawn Gable.

Area V: Debbie Balmer, Don Richer and Marian Hargreaves.

The 2011 Board officers are the same as last years. (See Board Activity, this page)

BOARD ACTIVITY

Highlights of the December board meeting: Decisions to:

- Donate \$198 to Arizona Brain Food as the HCC Christmas Charity.
- Ask ELS for new tables to replace six elderly, damaged and very heavy trestle tables.
- Keep all of the previous board officers for another year: Barry Wood, President; Sue Rhodes, Vice President; Kyla Jackson, Treasurer and Betty Olson, Secretary and Barbara Peters, Activities Director.
- Set February 19th as Spring Patio Sale day.



2011 DIRECTORY

Although ELS provides us with directories only every other year, HCC has picked up the slack and will provide them this year. The board decided at their December meeting that the 2011 directories would be similar to those in 2009—stapled, not bound. We are collecting entries and as of the 17th of December, over 75 still haven't responded. **If you want your neighbors to be able to contact you easily, be sure your name is in the directory.** You still have time. Call the Whitworths, 981-1117 or leave your information on their clip (#19). We hope to have the directories out at least by the end of January, maybe sooner.

NEW YEAR'S EVE PARTY



Kort Kurdi and one of his classes

This year the party starts at 8 pm—late for us old geezers, but it is New Year's Eve, after all and it lasts until midnight, when our DJ packs it in and goes home.

Our DJ will be Kort Kurdi, of Arizona U Can Dance and DJ by Design. Kort says he can DJ any venue—Ballroom, Swing, Country, Sock-hop, Latin or theme dance. He has an expansive database of music and his streamlined sound system is state of the art and so he should be able to play the music we like best. Be sure to have some suggestions and requests handy. He offers dance lessons too. Don't know if he'll do that on New Year's Eve, but he surely would if you want lessons at another time.

At 10 pm, we are going to take a break while we count down a New York New Years followed by a breakfast cooked by Sue Rhodes and her crew. And then those of us who are too old to last any longer can toddle on home while the young bloods (whatever your chronological ages) go back to dancing until another countdown when our Arizona midnight arrives.

Cost for all four hours of music and breakfast is only \$5 for HCC members at the door and \$7 for non-HCC members and guests.

A BUSY NEW YEAR'S DAY

Just because we were up the night before dancing to Kort Kurdi's music doesn't mean we have to be couch potatoes on New Year's Day. There will be enough activities in the park to keep us busy all day long! It starts with golf at 10 AM and even if you don't play, you'll want to be out there patriotically cheering your country's team on. Then you have a chance to complain to your northern friends and relatives about how cold you got bravely jumping into our swimming pool on New Year's Day. And finally we can have dinner with our friends and neighbors.

AMERICAN/CANADIAN GOLF CHALLENGE

This month, Gordon is up to mischief again, starting at 10 AM on New Year's Day, when he has instigated a golf match between American and Canadian golfers. These patriotic souls will be playing for the right to say who's best.

— AND POLAR BEAR DIP

Golf will be followed by a Polar Bear Dip at 2 PM. All brave souls willing to jump into our pool are invited to join Gordon there on what Gordon is sure (hopes?) will be the coldest day of the year. Gordon is carefully following the formal Polar Bear Dip rules and plans to hand out certificates with all the details to participants.



— AND DINNER

The day ends with a light dinner at the clubhouse. Social hour starts at 4 PM and dinner is at 5 PM.



GORDON AND JOAN WILL

This couple met when mutual friends convinced them to go out—a blind date. Still together 45 years later, with two children and three granddaughters, all living in Prince George, BC, where the Wills have lived most of their married life. Joan says the most exciting thing she ever did was to spend nine weeks in Australia and New Zealand. For Gordon, it was retiring early from his job at BC Telephone. He had traveled a lot and he liked being able to spend more time with his family. "We live a boring life," Gordon says. "No children in jail, no big crises." Still, life around the Wills is seldom boring. "I like to keep busy," Gordon admits. He also like to involve others in his projects and so our community benefits. And Joan, quieter but equally helpful, is usually right there with him, making everything go smoothly.

They recently organized the December Poker Run and planned our New Year's Day activities. It's not all fun and games. They also helped Joan Schaible rearrange our library. They are both on the Golf Board, Gordon is on the HCC Board, Joan coordinates our delivery team and they take their turn hosting

Saturday morning coffee. Avid golfers, they've also started playing shuffle board on Saturday afternoons and Joan plays bridge. "We attend most park events," Joan says. "Except for shopping, we don't really have to leave the park."

The Wills have been here for three years. "We never considered spending the winters away from home," Joan said. "until we came down and visited friends in Apache Junction. We liked it so well we hated to leave. It's a great life, we agreed. Someday, maybe...."

Gordon takes up the story, "And then that same winter, I was sitting at home watching the snow come down while I read our local newspaper. I saw a home for sale ad and recognized the name of a Prince George neighbor." (Ex-resident Hazel McCrea's daughter, who was selling her mother's Mesa home: #132, Cactus.) "We bought it sight unseen, flew down to check it out in April and couldn't wait until October and our first Arizona winter.

During their summers in Prince George, the Wills keep busy with family, gardening and of course, golfing. The Marshall for their local golf course, Gordon brags that he gets to herd 400 women around the course on the two weekly ladies days. "But I also have to go into the rough to get golf balls that the ladies won't go after because of the snakes." he says. "They're just harmless garter snakes, but I don't really like them either." Joan adds, "But he has to live up to his image." Gordon grins and nods.

Our community is truly blessed to have the Wills as neighbors.

AAMHO

AND YOU

The officers of our local Highlands at Brentwood chapter of the Arizona Association of Mobile Home Owners wish all our neighbors a most Joyous New Year.

There is still time to renew or join the association that has as its center goal, your well-being in this community. Contact Irene Helm (227) for membership.

HB BOUTIQUE

On January 15th, our first HB Boutique will offer the ladies (and men too!) of our community a chance to sell and buy used clothing in excellent condition. So look through your closet and see what you'd like to get rid of. You know, that blouse you love but is way too big for you since you finally lost all that weight—or those pants you don't fit into anymore but can't bring yourself to give away? And then sign up to be at the clubhouse on the 15th to sell your clothes. You keep most of whatever you make, but HCC gets a 20% commission and so everyone wins. Watch for posters for more information.

PIZZA PIZZA PIZZA—AND SALAD

And then in the evening of the 15th, Five Star Pizza will be here with their ovens to cook up a pizza and salad dinner for us. They cook great pizzas and give you several kinds to choose. No one goes away hungry. Check the fliers for more information.

RECYCLING ELECTRONICS

Do you have old electronic equipment you'd like to get rid of? Printers that don't work or have been replaced, elderly computers or other computer equipment, TVs even old phones or watches? On the 16th, the third Sunday of the month, the Boy Scouts host a monthly electronics swap meet in the parking lot of the Pavillians in Scottsdale, just off Highway 101 on Indian Bend Road. It starts early, about 5:30 AM and ends at 10:30 AM.

They accept electronic equipment, new, used, working or not, and so this is a good place for you to recycle that stuff you didn't know what to do with.

You can bring your items to them or the Whitworths will collect your old electronics and take them up there for you. Just call 981-1117 or bring the articles to #19. Please bring it between January 10th and 15th.

HAPPY NEW YEAR

SPRING PATIO SALE

Our Spring Patio Sale will be on the 19th of February, from 7 AM to 1 PM. As with most communities like ours, such sales can only be held on days designated as Patio Sale Days for the whole park. Therefore, even though HCC has decided not to sponsor a sale this spring, they have designated February 19th as Spring Patio Sale Day. There will be no craft or bake sales and sellers will need to provide their own tables or balloons.

TO JOIN AAMHO: CALL IRENE HELM, 248-7998. A \$30 WELL-SPENT!

PATTY WANTS TO SHARE HER MIRACLE

Patty McKee, in #96, feels better than she has for years. One neighbor joked with her, "You sure look good. What have you been drinking?"

Patty says that is exactly what she been doing. She's been drinking ionized water. And she wants to pass her miracle on to you. She wants to give you this water. Free. No obligation. For as long as you want to come to her home and get it.

"Since 2006, when I retired, I've been ill. It was getting to where I could hardly care for myself, let alone my home. And then a friend gave me some of this water. I've been drinking it since August and many of my symptoms are gone or much improved."

Patty makes her special water by running tap water through an ionizing machine. The premise is that it allows the body to heal itself by introducing alkaline water to balance the acidic conditions caused by bad diet and toxins.

Resources on the internet, including Snopes, state that there is no scientific support for this premise. However, they also say that it has not been shown to cause harm either. And, like Patty, many individuals have felt a significant increase in vitality and energy. And so, maybe, well, just maybe it is a miracle. That's what Patty believes and if you'd like to give it a try, just call her at 577-2821. It won't hurt—and it might help.

LET'S GET MOVIN'

Exercise choices abound at the Highlands. Regardless of physical condition, it is important to good health to get movin'.

The Highlands offers group exercises using hand weights, low impact chair exercises, water aerobics and aerobic dance. The exercise room, golf and shuffleboard are also available to residents. Our newly surfaced streets make walking and biking an attractive option as well. Check the Exercise and Health listings in the Herald (page 6) and the bulletin boards for times for various scheduled activities.

LET'S MAKE A RESOLUTION FOR 2011 TO GET MOVIN'!



TOPS

Would you like some support taking off those few pounds you added over the holidays? Are you committed to maintaining a healthy lifestyle but would like some mutual support?

TOPS is your answer. This group is dedicated to providing information and support for those who want to maintain a healthy lifestyle and stay a healthy weight.

Meetings of the Highland's chapter of TOPS meets each Tuesday in the north room of the clubhouse at 10:45 AM for weigh-in and a meeting at 11. Membership is open to residents of the Highland's as well as participants from other parks. We encourage you to visit a meeting, and see if this group would be good for you. Both men and women are welcome.

LADIES LUNCHEON

At our **January 24th** meeting, **Darlene Carpenter, of Hearts 'n Hugs for Kids**, is coming to tell us about their Dresses for Orphans project. This should be a heart warming meeting, fit for the season. We eat at 12:30. Bring a salad or desert for six and \$1.

In November, 14 of us went out at Mimi's. Marge Jankowski and Helen Whitworth were the hostesses. It was pleasant but the ladies decided they preferred to stay closer to home during most of the busy winter season.

In December, we will have had White Elephant auction by the time the Herald comes out. More about it next month.

We are planning to eat out again in February and we need a hostess. This entails choosing the restaurant, contacting them to make the reservations and arranging for car pooling.

We have some very interesting meetings scheduled for the rest of the season. You will want to put them on your "to do for sure" list.

In March, Laurie Sammuel will be here to show us slides of our own blood and tell us what we are seeing.

In April, a representative from the Senior Helpline in Phoenix is coming to tell us about their program for battered women over 50.

May begins our summer season where we eat out. If you would like to be the fun of summer facilitator, call Helen at 981-1117.

AzBRAINFOOD PROGRAM

For our Christmas charity, HCC is supporting the AzBrainfood Program. This Mesa group discreetly provides a backpack of food to feed hungry school children on the weekends.

- Over 60% of Mesa, AZ students are eligible for free or reduced lunch. Of these, many have little or no food on weekends.
- AB provides bags of food that is nutritious, easy to carry, need little preparation to 600 students a week in 17 Mesa schools. Examples of food: Easy Mac, power bars, juice boxes, pop-top SpaghettiOs or stew.
- On Fridays, teachers discreetly stow the food in children's backpacks during recesses or other times when all the children are out of the room.
- Scientific studies have shown that decreasing hunger increases a child's ability to concentrate and their academic achievement while decreasing tardiness, school absences and acting out.
- 100% of AzBrainfood donations go towards food. All staff are volunteers. The program is housed in a donated warehouse.
- \$20 feeds a student for one month.
- Bashas provides the food at low cost.

To can find out more or donate:

Website: www.azbrainfood.org

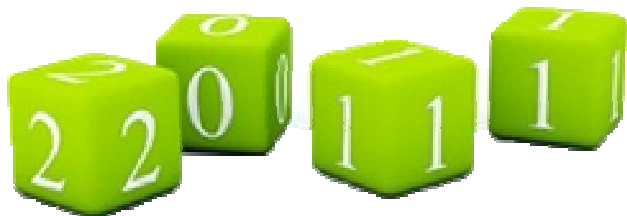
Mailing address: to Arizona Brainfood,
c/o Ruth Collins, P.O. Box 242, Mesa,
AZ 85211.

OUT AND ABOUT

Peg Copas keeps us up on our more immediate news via her weekly email newsletter, Out and About. Check there for upcoming events, and changes or corrections as needed. Thanks, Peg for doing such a bang-up job! If you aren't on her list you can e-mail her at copaspeg@gmail.com and she'll make sure you get the next edition.

THE CLASSY LASSIES

We had our Christmas party on Dec 13th in the clubhouse. Twenty Lassies attended and had a great time. We had some of the best food and desserts that you could ask for. We will have our next meeting on Jan 8th after the Pancake Breakfast and we welcome all new ladies who would like to become Classy Lassies.



ICE CREAM SOCIAL

Join us for our first Ice Cream Social of the year on Tuesday, the 18th at 6:30 PM. This time Barb Peters promises us root beer floats and cookies. Yum, yum! Check fliers for more information.

DECEMBER BUNKO WINNERS:

Laurette Johnson, Earlene Jackson, Irene Helm, Maradie Birmingham, Dudley Jans and Glen Erickson.

THE NOSTALGICS + ONE

The Nostalgics will be here to play for us on Saturday the 22nd. Come down to the clubhouse for a light supper starting at 5:30 and stay for the music which will start at 6:30.



We've had this group before and we always enjoy them. Led by Dick Lawrence of Mesa, Arizona, the Nostalgics have been playing harmonicas in the Valley for many years. Drummer, Jack Sheldon joined the group in November 2001, and the group renamed themselves the Nostalgics +One. They play popular oldies like "Peg O' My Heart," "Misty," "Mack the Knife" and "Harbor Lights." And Mary, they have a drum, so they can play "Wipeout." If you like their music - and what's not to like! - they even have some CD's for sale.



GOLF NEWS

January: We start the month out with the Jumpin' January 54 hole Scramble on the 3rd, 5th and 7th of the month. Signup deadline Saturday, January 1 at 9 AM.

Golf members are encouraged to attend the Golf Assn. General meeting on Wednesday, January 5th at 4:00 pm. Come and meet the new Golf Board members.

The Presidents Cup Handicap Tournament is on January 24th, 26th & 28th. Sign up sheet is posted on the Golf Bulletin Board (east side of office). The deadline is January 23rd at 6 PM.

Last month: Our golf course has been in poor shape and we were concerned that we might not be able to hold The Geisen Cup Tournament as planned. However, the maintenance crew came through and although the course was still rough, 33 golfers came out and played. The results were as follows:

Mens First, Second, Third & Fourth Places: Jack Holmes, Jerry Jackson, Jim Gale and Fred Townley-Smith.

Ladies First, Second, Third & Fourth Places: Barb Newkirk, Connie Tusa, Loretta Poe and Dorothy Gale.

The Christmas Fun Scramble was cancelled due to a sudden rainstorm.

Next month: The Turner Cup Match Play Championship will be part of a whole week of activities from the 21st through the 27th. More about this next month!

GOLF SOCIAL ACTIVITIES

January 2011

Thirty-four golfers and their companions attended the Geisen Cup Banquet this year. Sharon Eckert and her crew of helpers did a great job. The Thanks to everyone who helped to make it a success.

The President's Cup banquet will be held on the Saturday, the 29th at 4:30. Look for more information later in the month. Marian Hargreaves will be facilitating the banquet since Sharon Eckert will be traveling. You can contact Marian at 641-0338.



PARTNERS GOLF AND GRILL

January is when we start playing Partners Golf on Fridays at 4 PM. Find a partner and join in these fun scrambles. After 9 holes of golf, players bring some meat to grill and gather in the clubhouse for dinner around 5:30 PM. The golf club provides a salad and dessert - prepared by the golf ladies, of course!

PAST EVENTS

DECEMBER POKER RUN

Last month, Gordon Will got us out in our streets with another Poker Run. It was attended by 42 people who ran around the park gathering cards and visiting designated neighbor's in their homes. Eight families opened their homes, for players to come in, have some refreshments and visit a bit before they picked up a card and left for another home. Solange Baron's 4 aces beat Jim Whitworth's four 9s to win the high hand and Jacki Beard won the low hand. A special thanks to Norma Johnston and Mary Perkins who made sure everyone left their place happy.

DECEMBER CRAFT AND BAKE SALE

We had a good turnout for our bi-annual craft and bake sale. Those who didn't show up missed some great home made Christmas gifts and baked goods as well as other items like fascinating jewelry. We really have a crafty bunch in our community! Peg Copas finished the morning off by providing us soup and sandwiches in our first "Café." Thanks to Peggy, Jackie Beard and Jan McDaniel for all the work they did putting this together—and to everyone who helped, baked, or had a craft table.

ELS NEWS

Business first:

Speeders, Slow down slow down to 15 MPH.

And then the fun part:

I hope that everyone has had a wonderful holiday and I'm sure we are all looking forward to a great new year!

Suzanna Spann and the whole office and maintenance crew.

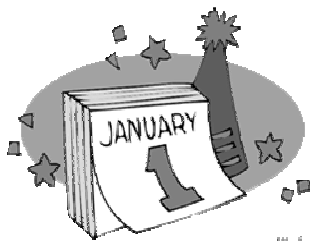
I hope everyone has a Happy and Healthy New Year.

Barbara DeMith, ELS Activities Director



Manager: Suzanna Spann-Hernandez
Admin. Assistant: Elizabeth Gillespie
Maintenance Supervisor: Rodney Johnson
ELS Activities Coordinator: Barbara DeMith
Office Phone: (480) 832-6260
Office Fax: (480) 832-6276
Monday—Friday: 9 AM to 5 PM
Saturday and Sunday: Closed





EDITORS NOTE

We like to take time at the start of the year to thank all of you who have helped to make the Herald a success—the people who submitted articles, information and ideas, the proofreaders whose valuable work made the Herald readable, Barbara DeMith who gets it ready to print and ELS who pays for the printing. And then, there's the delivery team, who gets it right to your door. Thanks to all of you. Without you, we wouldn't have much of a newsletter!

We do hope you all had a great holiday week. We did something different this year—we took our motor home and traveled for Christmas. We didn't go far, just down to Yuma, but since it was away from the park, we did ask our submitters to get their work in early because we left on the 17th and we wanted to have the newsletter done before we left. As always, they rose to the challenge. Thanks, everyone. Of course, the early deadline meant that often full facts weren't available and so this month, do watch for fliers with more information about activities.

Re the frosty January motif: The stark lines that we used to find our windows on cold winter mornings were beautiful, weren't they? And aren't you glad to see them here in the Herald instead of on your windows?

THE NEWSLETTER TEAM

Editors:

Jim and Helen Whitworth
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Delivery Team : Joan Will

Crew: Loretta Poe, Lois Crooks, Adeline Arndt, Jan Brunner, Betty Olson, Sharon Eckert, and Gail Anshutz.

Advertisements: Call Barbara DeMith, 832-6081, to get your ad in the Herald. (Email the editors with your information for the *free ads*)

Residents:

Items for sale : free
Card size ad for services: \$5

Non-residents and all larger ads:

Quarter page: \$ 65
Half-page: 75
Full-page: 95

Final assembly and Printing:

Barbara DeMith, ELS Activities Dir.

Submissions: Please have submissions to the Herald **in by the 15th** of the month. Announcements and ideas for articles and people to interview or honor are welcome.



10 RESOLUTIONS TO HELP ME STAY YOUNG

1. I will exercise more and eat healthier foods. See Let's Get Movin', and the TOPS articles, pg 8 for suggestions and the Exercises and Health section, pg 7 for times.

(Exercise is as good for our brains as it is for our bodies. Healthy food is also important if we want to stay healthy.)

2. I will call a friend and make plans to do something besides watch TV. Use the new Directory (pg 3) that will arrive soon to call that friend and invite them to go shopping, go to a movie, etc.

3. I will volunteer my time for a worthy cause and help someone else See AzBrainfood on pg. 9, and Hearts 'n Hugs for Kids in the Ladies Luncheon article, also pg. 9 for a couple of ideas.

(Depression and anxiety are common with seniors. Getting out of the house, and thinking about others decreases this.)

4. I will clean out my closets and drawers and recycle more. You can even make some money doing this. See HB Boutique, pg.6. Also see Recycling Electronics, same page.

(A less cluttered home will make you feel better physically and mentally.)

5. I will learn something new. How about learning to dance with Kort Kurdi of U Can Dance, pg. 4. Or learning to play golf or shuffleboard?

(Just because we are seniors doesn't

mean that we are too old to learn new tricks! And learning something new gives life an extra pop!)

6. I will read a book, do a puzzle and challenge my brain every day. We have a whole library of books to choose from and they've just been reorganized so you can find what you want a little better.

(Challenging our minds daily keeps them in good shape.)

7. I will see my doctor regularly.

8. I will guard against falls.

Nothing in the Herald about either of these but all of us need to pay attention to them. If we don't take care of our health and watch our step, we be in our "In Fond Memory."

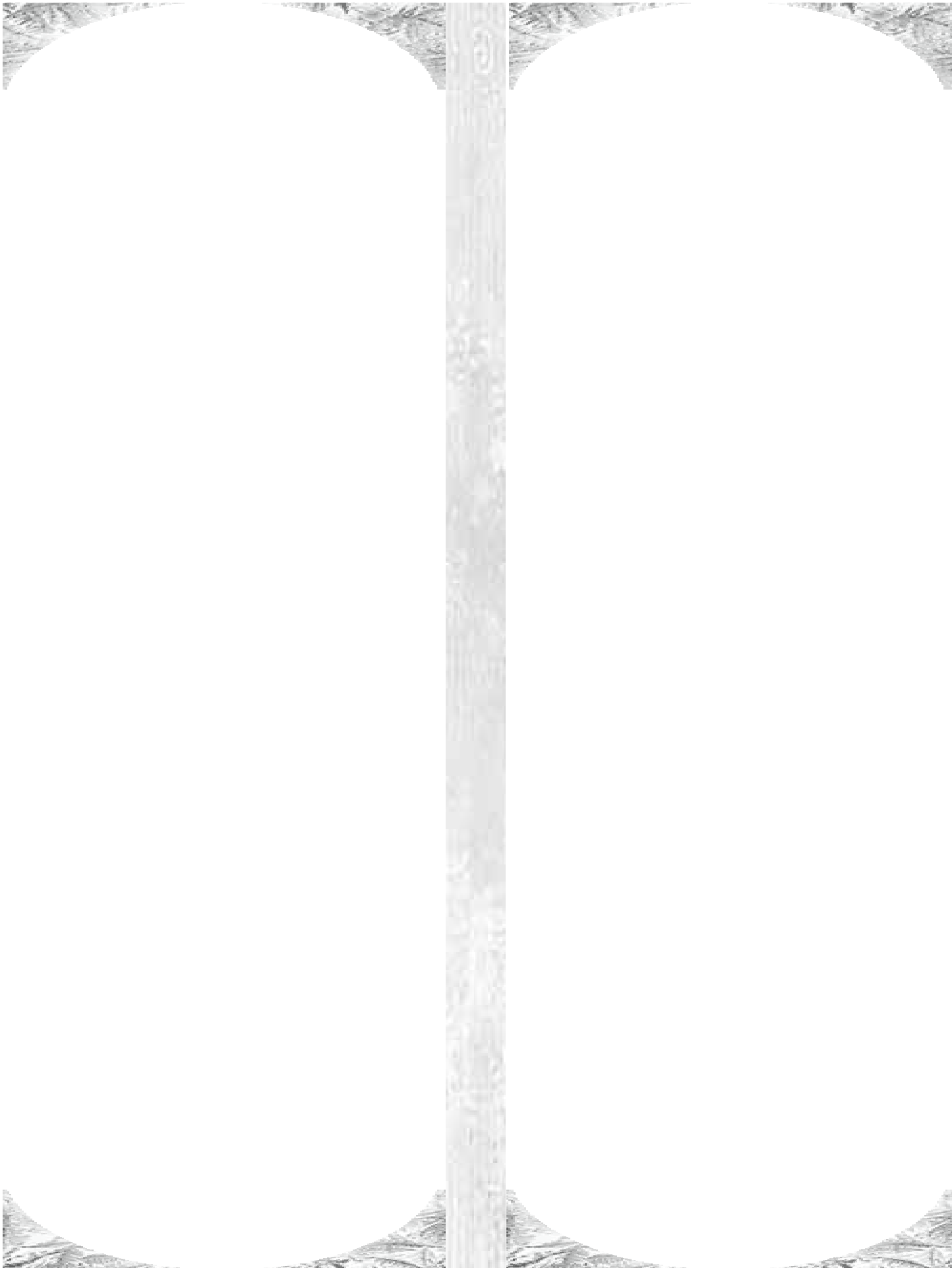
I will get a good night's sleep. Well, except on New Year's Eve when the party doesn't end until midnight. See pg 3.

(Regular sleep is better than wrinkle cream for keeping us young!)

8. I will do one good thing for myself each day. For starters, check out all the fun events we have planned to fill up your month. In between, kick back and enjoy our balmy winter, marvel over the sunsets, and tell yourself how smart you are to live here!

We are all worth making the effort to be healthy and young...and it's actually fun too!





SUN	MON	TUE	WED	THU	FRI	SAT
						1 Am-Can Golf 10 am Polar Bear Dip 2 pm Dinner, 4 pm
2	3 Golf Scramble 9 am	4 Noon Lunch Bunch	5 Golf Scramble 9 am 	6 Ladies Golf 9 am Bingo 6:30 pm	7 Golf Scramble 9 am Awards 11 am Partner's Golf 4:30 pm TGIF 4:30 pm	8 Pancake Bkfst 7:30—9 am Classy Lassies 9 am
9	10 Golf 9 am	11 Noon Lunch Bunch HCC Board Mtg 5 pm	12 Golf 9 am Bunko 6:30 pm	13 Ladies Golf 9 am Bingo 6:30 pm	14 Golf 9 am Partner's Golf 4:30 pm TGIF 4:30 pm	15 Coffee 7:30 am HB Boutique Pizza/Salad 5 pm
16	17 Golf 9 am	18 Noon Lunch Bunch Ice Cream Social, 6:30 pm	19 Golf 9 am	20 Ladies Golf 9 am Bingo 6:30 pm	21 Golf 9 am Partner's Golf 4:30 pm TGIF 4:30 pm	22 Coffee 7:30 am Nostalgics 5:30 pm
23	24 President's Cup Golf 9 am Ladies Luncheon 12:30	25 Noon Lunch Bunch	26 President's Cup Golf 9 am Bunko 6:30 pm	27 Ladies Golf 9 am Bingo 6:30 pm	28 President's Cup Golf 9 am Partner's Golf 4:30 pm TGIF 4:30 pm	29 Coffee 7:30 am Golf Awards Banquet 4:30 pm
30	31 Golf 9 am					

Regularly Scheduled Activities

MONDAY

7:45 AM Weights
8:00 AM Chair Exercises
9:00 AM Golf
9:00 AM Water Aerobics
7:00 PM Cribbage
7:00 PM Quilting

TUESDAY

8:00 AM Aerobic Dance
11:45 AM TOPS
12:00PM Lunch Bunch
1:00 PM Ceramics

WEDNESDAY

7:45 AM Weights
8:00 AM Chair Exercises
9:00 AM Golf
9:00 AM Water Aerobics
1:00 PM Quilting
7:00 PM 500

THURSDAY

8:00 AM Aerobic Dance
9:00 AM Ladies Golf
10:00 AM Wood Carving
6:30 PM Bingo

FRIDAY

7:45 AM Weights
8:00 AM Chair Exercises
9:00 AM Golf
9:00 AM Water Aerobics
1:00 PM Mixed Bridge
4:30 PM TGIF Happy Hour
5:30 PM TGIF Dinner

SATURDAY

7:30 AM Coffee
2:00 PM Shuffleboard